

Capital Recovery Center

WEEKLY HYBRID MEETING SCHEDULE

TUESDAY

GratiTuesday at 12pm | www.tinyurl.com/crcgratituesday

Learn how gratitude can help build happiness, self-esteem, and more, through activities & peer support.

Coffee & Conversation at 2pm | www.tinyurl.com/crccoffee

Get your cup of coffee ready and drop in for an open discussion all things recovery!

Family Meeting at 5:30pm | www.tinyurl.com/crcfamilymeeting

You are not alone in your need for support! If someone you love has a substance use disorder or if you have lost a loved one to an overdose, join us for mutual support.

THURSDAY

All Recovery at 1pm | www.tinyurl.com/crcrecovery

Come experience recovery support in a safe non-judgmental environment that honors all pathways to recovery.

Men in Training at 3pm | www.tinyurl.com/crcmenintraining

We are men shaping and transforming lives for a better tomorrow.